



Konedu Home Care



"Cares About You"

Newsletter

June 2019

UPDATE! *Barbara Oleynick* is now performing HR functions for Konedu Home Care. She will be handling HR and Training matters pertaining to all employees. Mohamed Cisse will be assisting as needed.

With the year almost half way gone, we want you to know we have made many improvements in notifying you and collecting needed information from you electronically. Barbara has mastered putting information you need and want on our website. Please go to www.koneduhomecare.com, click on "More" and select "STAFF Portal" then log in on "OUR SECURE PORTAL". Check with Barbara at ext. 6 if you don't know your username/password. You can also click on Konedu Corner/Employment for our newsletters and employment opportunities.

New job opportunities will be listed there as well, so don't miss out!

Happy Father's Day to all our Fathers!



Carie Jones, Co-Owner/Credentialing and Compliance Director *Doussouba Kourouma*, Co-Owner/Administrator

TRAINING

New information has been added to your training portal/page.

HIPAA & Confidentiality and the Health Waiver

Please visit our web-page and your staff portal to view and complete.

If you have questions, contact Barbara Oleynick.

PLEASE TAKE A FEW MINUTES OF YOUR TIME TO COMPLETE THIS COURSE!



Friday, 6/28	– 8:45am-4pm	ABI/RA class	Konedu must register
Monday, 7/8	– 10am – 12noon	Boundaries/Ethics for CSP/RA-Konedu must reg	
Friday, 7/12	– 8:45am-4pm	RA 8-hour class	Konedu must register



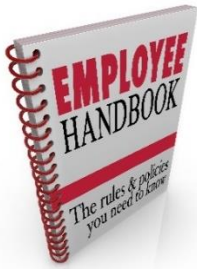
In the Spotlight features or highlights, news, articles and stories that impact our employees and their families.

This month we would like to honor and celebrate our Fathers, especially those in our Konedu Home Care Family! Thank you for all your hard work, sacrifice and love!

*"Any man Can be a **Father**, it takes someone special to be a **DAD!**"*

*"To the world you are our father but to our family you are the **World.**"*

"A Father doesn't tell you he loves you . . . he shows you."



Sexual Harassment & Anti-Discrimination

Konedu Home Care is pledged to preserving a working environment free from sexual Harassment. Harassment is against the law and is a form of gender discrimination. Harassment is a violation of policy. Harassment is unwelcome conduct that is based on race, color, religion, sex (including pregnancy), national origin, age (40 or older), disability or genetic information. Harassment becomes unlawful where 1) enduring the offensive conduct becomes a condition of continued employment, or 2) the conduct is severe or pervasive enough to create a work environment that a reasonable person would consider intimidating, hostile, or abusive. Anti-discrimination laws also prohibit harassment against individuals in retaliation for filing a discrimination charge, testifying, or participating in any way in an investigation, proceeding, or lawsuit under these laws; or opposing employment practices that they reasonably believe discriminate against individuals, in violation of these laws. Harassing conduct includes, but is not limited to Negative stereotyping, Slurs, Threatening, intimidating or hostile acts that relate to the above characteristics, Written or graphic material that denigrates or shows hostility or aversion toward an individual or group because of the above characteristics, and that is placed on walls, bulletin boards, or elsewhere on the premises, or circulated in the workplace.



June is Men's Health Month

Women generally take better health of themselves than men.
Try these routines to help improve your health.
Women . . . let's help our guys out by encouraging healthy habits.



- Catch More ZZZs** – Get 7-9 hours a night. Keep room dark and cool. Keep phones, tablets, TVs in another room.
- Keep Up with Your Buddies** – Having a group of pals you can have fun with and trust can be quite healthy.
- Kick the Habit** – Whether you go through a couple of packs a day or only smoke once in a while, it's time to stop.
- Back Away from the Bar** – Know when to say no. Dudes, you are more likely to binge and to stay drunk longer.
- Play It Safer** – Wear seat belts, don't drive too fast and slow down and think twice before you act.
- Keep Your Skin Safe** – Use sunscreen correctly. Use enough to fill a shot glass and reapply every 2 hours.
- Watch What You Eat** – Keep away from runny eggs, raw oysters, and nearly raw beef. Eat your vegetables.
- Wash Your Hands** - Use soap and scrub down or catch a cold, the flu, or something worse if you don't! to
- Get Checked Out** – Go to the doctor. Don't tough it out. Ask the doc how often and what tests to do for your age.
- Keep Your Mind Healthy** – Women are more likely to get depressed but quicker to get help. If you get the blues seek help.

<https://www.webmd.com/men/ss/slideshow-men-learn-women>



How to Care for Patients from Different Cultures 3 Practices to Help Client Interactions

<https://nurse.org/articles/how-to-deal-with-patients-with-different-cultures/>

Caregivers can be more inclusive of personal and cultural preferences. This demands a knowledgeable and open response from caregivers. By incorporating 3 practices, we can make these interactions easier and more successful.

AWARENESS – One of the most important elements emphasized in pursuit of competent cultural care is identifying your own beliefs and culture before caring for others. Be aware of your own cultural identifications in order to control your personal biases that interfere with the therapeutic relationship. Developing this self-awareness can bring into view your biases or beliefs. It can also shed light on oppression, racism, discrimination, and stereotyping and how these affect you personally and your work.

ACCEPTANCE – Acceptance becomes a powerful tool between caregiver and patient. How can patients love and accept themselves in ways that promote healing if we, as caregivers, are not willing to offer them acceptance in their problems and complexities? Through the simple act of acceptance, caregivers can become an agent of healing.

ASKING – There is no way caregivers can be expected to be aware of and practice cultural sensitivity at all times... but when in doubt, the best way to provide sensitive care to patients of diverse cultures is to ask. Ask if there are any cultural or religious practices or beliefs that you need to know about in order to respect and support their needs.

