



Konedu Home Care

"Cares About You"



Newsletter

May 2019



We want to welcome and introduce **Mohamed Cisse** to Konedu Home Care. He will be assuming the role of **HR Administrator** and will be the new face in our Human Resources department. Monica Steyer will be leaving and relocating her family to the warmer state of Tennessee. We thank her for her service and dedication.

With the year almost half way gone, we want you to know we have made many improvements in notifying you and collecting needed information from you electronically. Barbara has mastered putting information you need and want on our website. Please go to www.koneduhomecare.com, click on More and select STAFF Portal then log in on OUR SECURE PORTAL. Check with Barbara at ext. 6 if you don't know your username/password. You can also click on Konedu Corner/Employment for our newsletters and employment opportunities.

A note from Monica . . . I would like to take this opportunity to thank you all for your kind words, support and friendship. It's been a privilege working with and getting to know you all. I wish all of you much success, health and happiness in your future. Heartfelt greetings . . . Monica

Wishing all our employees Happy Mother's Day!

Carie Jones, Co-Owner/Credentialing and Compliance Director

Doussouba Kourouma, Co-Owner/Administrator

TRAINING

New information has been added to your training portal/page.

HIPAA & Confidentiality and the Health Waiver

Please visit our web-page and your staff portal to view and complete.

If you have questions, contact Barbara Oleynick.

PLEASE TAKE A FEW MINUTES OF YOUR TIME TO COMPLETE THIS COURSE!



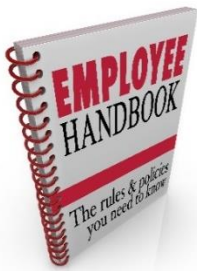
May 16 th – 8:45am-4pm	ABI/RA class	Konedu must register
May 8 th – 8:45am-4pm	RA 8-hour class	Konedu must register
May 22 nd – 8:45am-4pm	RA 8-hour class	Konedu must register



In the Spotlight features or highlights, news, articles and stories that impact our employees and their families. Human Resources has been conducting three (3) month Performance Evaluations on our recent new hires and I would like to acknowledge the following employees for their perfect score for 20/12.

Congratulations and keep up the excellent work!
Marie F. VY and Celestine M.

A fond farewell to Monica S. Director of Human Resources, who's last day is May 3rd. Barbara O. will replace her assisted by Mohamed C. The HR office has moved upstairs into the Training Department that remains under the direction of Barbara assisted by Mohamed. ***A HUGE thank you to Monica from all of us!***



Elder Abuse and Neglect

Abuse is the willful infliction by a caregiver of physical pain or injury, or the willful deprivation of services necessary to the physical safety of an individual.

Psychological Abuse: Acts that inflict emotional harm, invoke fear and/or humiliate, intimidate, degrade, demean or otherwise negatively impact the mental health or safety of an individual.

Verbal Abuse: The use of offensive and/or intimidating language that can provoke or upset a person.

Neglect: The failure by a caregiver, through action or inaction, to provide an individual with the services necessary to maintain his or her physical and mental health and safety, including incidents of inappropriate or unwanted individual to individual sexual contact. Neglect is also an individual which lives alone and is not able to provide for him/herself the services which are necessary to maintain his physical, mental health or safety.



#4Mind4Body

Taking it to the next level!

Ways to boost mental health and general wellness.

<http://www.mentalhealthamerica.net/may>

MAY 15 2
MENTAL 0
HEALTH 1
MONTH 9
#4MIND4BODY

Explore animal companionship, spirituality, humor, work-life balance, and recreation and social connections as ways to boost mental health and general wellness.

Animal Companionship interactions with animals have the ability to help people reduce stress, anxiety, and boredom; improving mood; and reducing heart rate and blood pressure, also reduce anger, anxiety, depression, and general distress, while improving the ability to socialize.

Humor and Laughter have been shown to help reduce the risk of blood clots, heart conditions, and other stress-related diseases. Incorporate funny things into your environment.

Social Connection & Recreation. Finding other people to relate to and doing things that bring you enjoyment are great ways to improve your mood and overall mental health.

Work-life Balance allows you to provide for yourself and your family while also serving a purpose in the community, but when it takes over your life, it can negatively affect your health.

Spirituality & Religion. Caring for your soul is an important part of taking care of yourself that can improve physical and mental health along the way, regardless of whether you rely on meditation, yoga or religion.



STRENGTH IN

Check Out the Cultural Holidays in May!

Maybe you or your client will be celebrating one of these holidays in May.

A universal holiday is Mother's Day on May 12th

May 1: Lailat al Bara'a, also known as Barat, or Night of Forgiveness, an Islamic holiday during which practitioners of the faith seek forgiveness for sins.

May 5: Cinco de Mayo, a Mexican holiday commemorating the Mexican army's 1862 victory over France at the Battle of Puebla during the Franco-Mexican War (1861-1867).

May 15 (sunset)-June 15: Ramadan, an Islamic holiday marked by fasting, praise, prayer and devotion to Islam.

May 17: International Day Against Homophobia, Transphobia and Biphobia, a global celebration of sexual-orientation and gender diversities.

May 20: Pentecost, the celebration of the giving of the 10 Commandments by God at Mount Sinai.

May 21: World Day for Cultural Diversity for Dialogue and Development, a day set aside by the United Nations as an opportunity to deepen our understanding of the values of cultural diversity and to learn to live together better.

May 28: Memorial Day in the US, established to honor military veterans who died in wars fought by American forces.

May 29: Buddha Day (Vesak or Visakha Puja), a Buddhist festival that marks Gautama Buddha's birth, enlightenment and death. It falls on the day of the full moon in May and it is a gazetted holiday in India.



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